

## EMT Basic Scenario – Respiratory Emergencies - 2

Dispatch: You are called to a local homeless shelter for a man having trouble breathing with chest pain.

Takes, or verbalizes, body substance isolation precautions	Scene is Safe
Determines the mechanism of injury/nature of illness	Respiratory
Determines the number of patients	1
Requests additional help if necessary	Yes – ALS Enroute
Considers stabilization of spine	None
Verbalizes general impression of the patient	56-yr-old sitting in a tripod position at a picnic table in moderate respiratory distress using accessory muscles.
Determines responsiveness/level of consciousness	Responsive/A&O X4
Determines chief complaint/apparent life threats	Difficulty breathing with chest pain
Assesses airway and breathing	Airway is Open; noisy breathing heard  Rate: Labored
Indicates appropriate oxygen therapy	Symmetrical rise and fall of the chest
Assures adequate ventilation	(Oxygen via NRB mask at 15 L/min)
Assesses circulation	Bleeding – none
Assesses/controls major bleeding	Pulse—Tachycardic and strong
Assesses pulse	Skin - Pale, with cyanosis around the earlobes; cool
Assesses skin (color, temperature, and condition)	
Identifies priority patients/makes transport decisions	High Priority
OPQRST	O— was sitting in the shelter P—Lying down makes breathing worse Q—Slight chest pain is sharp and stabbing R—None S—3 on pain; 9 on difficulty breathing T—Approximately 1 hour, but been sick for 3 days
SAMPLE history	A—Cipro, cardiac dye M—Prescribed Lasix, Lanoxin, potassium P—Irrregular heartbeat; water in the lungs L—Lunch E—Sitting on a chair

Performs Secondary Assessment (assess affected body part/system)	<p>Palpate chest</p> <p>Listen to heart and breathing</p> <p>Lungs: rales in the bases up to midsection; slight jugular venous distention (JVD); pedal edema</p>
Vitals (obtains baseline vital signs)	<p>Blood pressure—168/114 mm Hg</p> <p>Pulse—124 beats/min</p> <p>Respirations—26 breaths/min</p> <p>SaO<sub>2</sub>—88%</p>
Field Impression	(Student should provide appropriate Field Impression from info above) – Patient is having respiratory issues due to CHF (Congestive Heart Failure)
Interventions (obtains medical direction or verbalizes standing order for medication interventions and verbalizes proper additional intervention/treatment)	<p>Oxygen via NRB mask at 15 L/min</p> <p>Loosen restrictive clothing and work toward immediate transport.</p>
Ongoing assessment	<p>Mental status unchanged.</p> <p>Airway and breathing - Patient seems to be getting very tired and is using accessory muscles.</p> <p>Blood pressure—170/110 mm Hg</p> <p>Pulse—120 beats/min</p> <p>Respirations—30 breaths/min</p> <p>PT Needs CPAP and ALS</p>
Hand off Report	(Student should provide appropriate hand off report from info above)